

June-opâskâwehopîsim - The egg hatching moon 2024

Temporary Location Mamaweytitan Centre 3355 6th Ave Regina SK



(Indoors at the dance studio, Outdoors at the green space)

	TUESDAY	WEDNESDAY	THURSDAY	
Tuesday Evening Virtual Triple P Sessions For more information on any of these evening Sessions or to pre-register for any of these sessions email Dunja at dluzar@earlylearning.ca				
3	4	5	6	
Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	
	Potty Training on Zoom—7:00pm - 8:00pm			
10	11	12	13	
Drop In Play - 9:00am-4:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	
Outdoor Play-1:30pm-3:30pm	Outdoor Play-1:30pm-3:30pm	"Ask an SLP" - 11:00am to 12:00pm	Outdoor Play-1:30pm-3:30pm	
	Tantrums on Zoom —7:00pm -8:00pm	Outdoor Play-1:30pm-3:30pm		
17	18	19	20	
Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	
Outdoor Play-1:30pm-3:30pm	Ask a Dietitians - 11:00am to 12:00pm Outdoor Play—1:30pm—3:30pm	Outdoor Play-1:30pm-3:30pm	Outdoor Play-1:30pm-3:30pm	
	Potty Training on Zoom—7:00pm - 8:00pm			
24	25	26	27	
Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	Drop In Play - 9:00am-1:00pm	
Outdoor Play-1:30pm-3:30pm	Outdoor Play-1:30pm-3:30pm Managing Big Emotions on Zoom- Outdoor Play-1:30pm-3:30pm		Outdoor Play-1:30pm-3:30pm	
	7:00pm -8:00pm1			



June-<u>opâskâwehopîsim</u> -The egg hatching moon 2024 St. Matthew Site 4710 Castle Road



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
3 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	4 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Preschool Picasso - 9:00 am - 12:00 pm	5 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Fun with Felt - Interactive Felt Story Time 1:00 pm	6 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Messy Play - 2:00 pm-2:30 pm	
10 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	11 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Preschool Picasso - 9:00am-12:00pm	Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Fun with Felt - Interactive Felt Story Time 1:00 pm	13 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Messy Play - 2:00 pm-2:30 pm	
17 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	Drop In Play - 9:00am-12:00pm and 1:00pm-4:00pm Preschool Picasso - 9:00am-12:00pm	19 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Fun with Felt - Interactive Felt Story Time 1:00 pm	20 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Messy Play - 2:00 pm-2:30 pm	
24 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	25 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Preschool Picasso - 9:00am-12:00pm	26 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	27 Drop In Play - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm Messy Play - 2:00 pm-2:30 pm	



Regina Early Years
Family Resource Centre
Airport Location - 2550 Sandra Schmirler Way (306) 510-4650

June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
,		,	,	,		1
						1
2	3	4	5	6	7	8
	Drop-in Play 9:00-1:00	Drop-in Play 9:00-1:00	Drop-in Play 9:00-1:00	Drop-in Play 9:00-1:00	Drop-in Play 9:00-1:00	
9	10	11	12	13	14	15
	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	GRAND OPENING!	13
	D10p-11111ay 5.00-4.00	Drop-III Flay 5.00-4.00	Drop-III Play 9:00-4:00	Drop-III Flay 5.00-4.00	divalib of Elillid.	
	Sing & Sign Demo w/Jess	SGI Car Seat Clinic	Information Night &		Family Yoga with Fran	
	9:30-10:00 am	9:00-12:00	Drop-in Play 5:00-7:30 pm		(ages 2-5) 9:30-10:00 am	
	Community Engagement	PMAD Peer Support			United Way Story Time 10:30 am	
	with Regina City Police 10:00 am	Group 6:30-8:30 pm Registration			OFFICIAL RIBBON	
	10.00 aiii	-			CUTTING CEREMONY	
	Get Outside! With				11:00 am	
	Nature Regina (ages 2-5) 1:00-2:00 pm				Hot Dogs/ <u>Ice Tea</u> /Cake 11:30 am	
					Comedy Magic Show	
					12:30 pm	
16	17	18	19	20	21	22
	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	
	Story Time with Merissa	PMAD Peer Support	Kids in My Kitchen (ages	Eensy Weensy Rhymers	Donuts with Dudes	
	10:00-10:30 am	Group 6:30-8:30 pm Registration	2-4) 10:00-11:00 am	10:00-11:00	1:00-3:00 p.m.	
23	24	25	26	27	28	29
	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	Drop-in Play 9:00-4:00	
	Story Time with Merissa	PMAD Peer Support	Kids in My Kitchen (ages	Eensy Weensy Rhymers	Donuts with Dudes	
	10:00-10:30 am	Group 6:30-8:30 pm	2-4) 10:00-11:00 am	10:00-11:00	1:00-3:00 p.m.	
		Registration				
30						



Regina Early Years Family Resource Centre Airport Location - 2550 Sandra Schmirler Way (306) 510-4650

June 2024

EVENTS

Drop-in Play

Never underestimate the importance of play! Play builds imagination, creativity, fosters cognitive growth, improves literacy, delivers emotional and behavioral benefits. Our drop-in play is for parents/caregivers and children 0-5.

Kids in My Kitchen

Join us for fun cooking activities for preschoolers and their caregivers. Suitable for ages 2-4.

Story Time with Merissa

Join Facilitator Merissa for an interactive and engaging story time!

PMAD Peer Support

This weekly support group creates an opportunity to connect with others who have similar lived experiences. Register online at www.rphn.ca

Donuts with Dudes

Dads or dad figures grab the kids for some awesome play time and connect with other caregivers! Coffee and snacks will be provided.

Have questions about play or your child's development?

Call in and ask one of our facilitators:
Available between 9:00 am-4:00 pm Monday to Thursday

å

Fridays from 9:00 am-1:00 pm



Wednesday Evening Zoom Sessions-Triple P

Please Pre Register for any of the following zoom sessions by emailing Dunja at dluzar@earlylearning.ca

All Sessions at 7:00 pm

June 4 2024

June 11 2024

June 18 2023

June 25 2024

Triple P Supports

Available between

8:30-4:30

Monday to Friday

Dunja Luzar (306) 520-2074 dluzar@earlylearning.ca

Pam Ashurst (306) 519-6616 pashurst@earlylearning.ca

Shalene Keepness (306) 535-5157 skeepness@earlylearning.ca

Special Thanks to our Sponsors:





City of Regina







306-520-8431



info@rphn.ca





reginaperinatalhealthnetwork



Regina Perinatal Health Network



www.rphn.ca

Perinatal Mood & Anxiety Disorders (PMAD) like Postpartum Depression affect 1 in 5 birthing people every year and we know, without a doubt, that untreated perinatal mental illness significantly impacts the development of young children.

The Regina Perinatal Health Network is a program of the Regina Early Learning Centre and offers FREE, online, prenatal & postpartum support to new and expectant families.









